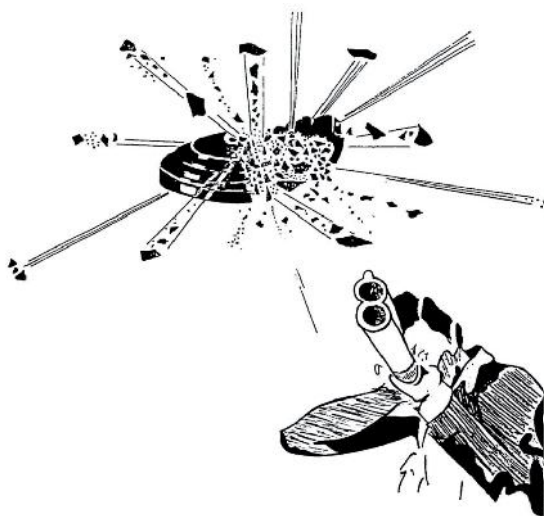


Australian Clay Target Association Inc.



2012

CLUB COACH ASSESSMENT

NAME

Assessment 1. AISL Club Coach Assessment - Observation

NAME _____

ADDRESS _____

SUBURB _____ POST CODE _____

CLUB _____ Phone _____

Email _____

Coaches will need to satisfy the performance criteria listed below on at least 2 occasions. This will be assessed through observations at club coaching sessions, practice sessions and/or competition day.

The person assessing the participant will need to initial and date when he/she is satisfied that the participants performance has met the standard expected of a Club Coach. Where this is not the case the box will be left blank until that particular aspect is demonstrated to a satisfactory standard.

Module 1: The Coach

Unit 2: Communication	
Learning outcome: Demonstrate effective communication with others.	
Performance criteria	Demonstrated
Communicate effectively with athletes	
Communicate effectively with club personnel/parents/guests	
Give praise and encouragement to athletes	
Demonstrate effective listening and questioning skills	
Unit 3: Firearms & Safety	
Learning outcome: Apply safe practices in the coaching of athletes.	
Performance criteria	Demonstrated
Demonstrate safe firearms practices	
Demonstrate correct range procedures and commands	

Module 2: Prepare to Coach

Unit 1: Planning to Coach.	
Learning outcome: Prepare coaching sessions for club level athletes.	
Performance criteria	Demonstrated
Prepare basic coaching session for a nominated club athlete	
Unit 2: Utilising Resources	
Learning outcome: Maximise use of resources specifically related to the coaching of shooting.	
Performance criteria	Demonstrated
Arrange resources for coaching/training sessions with athletes	

Module 3: The Coach in Action

Unit 1: Coaching athletes			
Learning outcome: Conduct inclusive structured coaching sessions to club athletes using a variety of presentation methods.			
Performance criteria		Demonstrated	
Provide a safe and positive learning environment for a range of athletes (eg person with a disability)			
Conduct coaching/training sessions to teach basic skills for athletes at a club level using a variety of presentation methods including: <ul style="list-style-type: none"> ○ Interactive ○ Demonstration ○ Use of questioning 			
Delivery of a training session for a nominated athlete at a club level			
Demonstrate use of resources in coaching athletes, including <ul style="list-style-type: none"> ○ DVD/ Videos ○ Handouts 			
Demonstrate effective communication strategies			
Unit 2: Shooting Technique			
Learning outcome: Teach correct basic technical shooting skills & techniques.			
Performance criteria		Demonstrated	
Teach correct basic technical skills & techniques			
Assess suitability of equipment for athletes			
Facilitate effective feedback to athletes			
Unit 3: Developing the Athletes			
Learning outcome: Provide the athletes with information and a range of basic physical activities to assist with their development.			
Performance criteria		Demonstrated	
Include physical conditioning activities, stretching and physical preparation, in a training session (in the warming up, main and cool down parts of the training session) for a club level shooter.			
Unit 4: Assessing Athletes			
Learning outcomes: <ol style="list-style-type: none"> 1. Undertake an assessment of club level athletes. 2. Provide feedback to athletes and recommend actions for improvement. 			
Performance criteria		Demonstrated	
Assess suitability of equipment for athletes			
Assess performance of athletes			
Identify correct fundamental elements of shooting technique and be able to recommend improvements to aid development			
Facilitate feedback to athletes			

Module 4 Review Coaching

Unit : 1		Review Coaching Sessions	
Learning outcomes:	1.	Undertake a review/evaluation of coaching sessions.	
	2.	Modify future coaching sessions based on feedback.	
Performance criteria			Demonstrated
Receive, discuss and respond to feedback on coaching performance from athletes and others			
Modify sessions (if required) based on feedback from athletes and others			
Modify future sessions based on feedback from athletes and others			

Please note: Candidates must be rated as competent in all areas to successfully complete this assessment task of the program.

NCAS REGISTRATION FEE PAID YES / NO

Course Coordinator _____

Date _____