

## Form 6 - SHOOTING AUSTRALIA COMPETITION COACH ACCREDITATION / RE-ACCREDITATION ASSESSMENT FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone / Mobile \_\_\_\_\_ Accreditation # \_\_\_\_\_

Club Name \_\_\_\_\_

In order to be accredited (or re-accredited) as a Competition Coach, you will need to undertake the following three assessments.

**Assessment #1** - Participants will be assessed, via observation, in a practical coaching situation or simulated situation (within the discipline that they will be accredited) against the noted performance criteria

### Assessment #2

Prepare and submit copy of a structured coaching/training program/s for State Level athletes leading into National Level competition

### Assessment #3

Show evidence of successful completion of;

- Sport Integrity Anti Doping E-learning levels
- A general First Aid course

Competency	Performance Measures	Demonstrated	
<b>SAFETY</b>  Maintain a safe environment for athletes and coaches	• demonstrate safe firearms practices		
	• demonstrate correct range procedures and commands		
	• act in accordance with the Coach Code of Conduct		
	• assess and manage the risks of coaching at a State level		
<b>COMMUNICATION</b>	• provide encouragement to athletes		
	• demonstrate effective listening and questioning skills		

Communicate effectively with a range of people at club and State level	<ul style="list-style-type: none"> <li>ensure that athletes are aware of the Athlete Pathway and provide support in navigating their way through this</li> </ul>		
<b>MENTORING</b>  Provide mentoring opportunities, support and education to club coaches and club instructors	<ul style="list-style-type: none"> <li>assist club level coaches with coaching / athlete related matters</li> </ul>		
	<ul style="list-style-type: none"> <li>participate in conducting coach education programs</li> </ul>		
	<ul style="list-style-type: none"> <li>assess Club Coaches for re-accreditation</li> </ul>		
	<ul style="list-style-type: none"> <li>seek feedback from peers regarding coaching performance</li> </ul>		
<b>PLANNING</b>  Devise, implement and evaluate appropriate training and competition programs for State level and Talent level Pathway athletes	<ul style="list-style-type: none"> <li>create an individual training plan for specific athletes that prepares them for National level competition</li> </ul>		
	<ul style="list-style-type: none"> <li>be able to plan for small group activities, such as a training camp / day</li> </ul>		
	<ul style="list-style-type: none"> <li>notify athletes of relevant competitions and dates/locations</li> </ul>		
	<ul style="list-style-type: none"> <li>vary the approach, to cater for individual difference - including gender, generation, development, maturation, training background, ability/disability and cultural and religious background</li> </ul>		
<b>SKILL DEVELOPMENT</b>  Continue development of the shooting skills and techniques for athletes moving from the Foundation levels into the Talent levels.	<ul style="list-style-type: none"> <li>conduct shooting/training sessions to teach shooting skills and techniques at State level using a variety of presentation methods including:             <ul style="list-style-type: none"> <li>interactive</li> <li>facilitating discussion</li> <li>case studies</li> <li>role plays</li> <li>demonstration</li> <li>use of questioning</li> </ul> </li> </ul>		
	<ul style="list-style-type: none"> <li>conduct coaching sessions which assist athletes to improve their mental preparation and problem-solving skills</li> </ul>		
	<ul style="list-style-type: none"> <li>demonstrate the use of a range of coaching related technical resources with State level athletes, including:             <ul style="list-style-type: none"> <li>video and camera</li> <li>Scatt or other electronic trainers</li> <li>Internet for data collection, analysis and training logs</li> <li>heart rate monitors</li> </ul> </li> </ul>		



	<ul style="list-style-type: none"> <li>o handouts</li> <li>• teach:                         <ul style="list-style-type: none"> <li>o correct technical variations in shooting</li> <li>o positional variations in shooting</li> <li>o physical aspects of shooting</li> <li>o tactical skills associated with shooting</li> <li>o advanced ammunition testing</li> </ul> </li> <li>• provide a safe, positive and challenging learning environment for athletes</li> </ul>		
<p><b>ASSESSING ATHLETES</b></p> <p>Undertake an assessment of State and Talent level athletes in the Pathway, and provide effective feedback</p>	<ul style="list-style-type: none"> <li>• assess the readiness of all equipment for State level competition</li> </ul>		
	<ul style="list-style-type: none"> <li>• assess performance of State / Talent level Pathway athletes including                         <ul style="list-style-type: none"> <li>o technical skill</li> <li>o tactical approach to competition</li> <li>o score standard</li> </ul> </li> </ul>		
	<ul style="list-style-type: none"> <li>• facilitate feedback to athletes including actions to assist improvement</li> </ul>		
<p><b>REVIEW</b></p> <p>Be open to improving coach practice through a variety of means</p>	<ul style="list-style-type: none"> <li>• receive, discuss and respond to feedback on coaching performance from athletes, peers and mentors</li> </ul>		
	<ul style="list-style-type: none"> <li>• modify sessions (if required) based on feedback from athletes and others</li> </ul>		

Signed by Assessor

Signed by Coach

Name \_\_\_\_\_

Name \_\_\_\_\_

Date \_\_\_\_\_

Date \_\_\_\_\_