

AISL COMPETITION COACH ACCREDITATION**Assessment 1. AISL Competition Coach Assessment - Observation**

NAME _____

ADDRESS _____

SUBURB _____ POST CODE _____

CLUB _____ PHONE _____

Email _____

Coaches will need to satisfy the performance criteria listed below on at least 2 occasions. This will be assessed through observations at competition coaching sessions, practice sessions and/or competition day.

The person assessing the participant will need to initial and date when he/she is satisfied that the participant's performance has met the standard expected of a Competition coach. Where this is not the case the box will be left blank until that particular aspect is demonstrated to a satisfactory standard.

PRACTICAL ASSESSMENT

Performance criteria	Demonstrated	
<p>Communicate effectively with:</p> <p>Athletes</p> <ul style="list-style-type: none"> ◆ Provides encouragement to athletes ◆ Demonstrate effective listening and questioning skills ◆ Implement actions based on feedback from athletes and others ◆ Facilitate feedback from (and to) athletes regarding coaching performance ◆ Facilitate feedback to athletes, including actions to assist athlete improvement <p>Coaches</p> <ul style="list-style-type: none"> ◆ Seek feedback from peers regarding coaching performance ◆ Assist club level coaches with coaching/athlete related matters ◆ Discuss journal entries with coaching personnel ◆ Seek assistance from a mentor regarding coaching performance 		
<p>Demonstrate sound group management skills for a State level group of athletes:</p> <ul style="list-style-type: none"> ○ Monitor team/squad performances and provide adequate feedback during both competition and practice 		

AI SL COMPETITION COACH ACCREDITATION

<ul style="list-style-type: none"> ▪ Conduct coaching/training sessions to teach shooting skills and techniques that improve the development of fer athletes at State level using a variety of presentation methods including: <ul style="list-style-type: none"> ○ Interactive ○ Facilitating discussion ○ Case studies ○ Role plays ○ Demonstration ○ Use of questioning 		
<ul style="list-style-type: none"> ▪ Conduct coaching sessions which assist athletes to improve their mental preparation and problem solving skills 		
<ul style="list-style-type: none"> ▪ Demonstrate the use of a range of coaching related technical resources with State level athletes, including for example: <ul style="list-style-type: none"> ○ Video equipment ○ Scatt systems ○ Internet for data collection, analysis and training logs ○ HR Monitors ○ Handouts 		
<p>Teach one or more of these elements</p> <ul style="list-style-type: none"> ◆ correct technical variations in shooting ◆ positional variations in shooting ◆ tactical skills associated with shooting ◆ testing of ammunition ◆ testing of other equipment (Firearm) 		
<p>Assesses</p> <ul style="list-style-type: none"> ▪ readiness of all equipment for State level competition ▪ performance of State level athletes 		
<p>Implement</p> <ul style="list-style-type: none"> ▪ targeted physical training programs for State level athlete/s ▪ a program with athlete/s that prepares them for national level competition. 		
<ul style="list-style-type: none"> ▪ Provide a safe, positive and challenging learning environment for athletes 		

POST - PRACTICAL ASSESSMENT

<ul style="list-style-type: none"> ▪ Conduct ongoing reviews of the coaching program/s (including with athletes) with the assessor / mentor 		
<ul style="list-style-type: none"> ▪ Report to Association on group/squad/athlete performances 		

Please note: Candidates must be rated as competent in all areas to successfully complete this assessment task of the program.

NCAS REGISTRATION FEE PAID

YES / NO

Course Coordinator _____ Date _____

Assessment 2. AISL Competition Coach Assessment– Documentation

Coaches will need to satisfy the performance criteria listed below to meet the requirements of a Competition level coach. The documents will need to be sighted and discussed with discipline Coaching Committee or a representative of the Coaching Committee.

▪ Prepare and submit copy of a structured coaching/training program/s for State Level athletes leading into National Level competition to Coaching Committee.	
▪ The training program should include psychological and physical preparation	
▪ <i>Discuss program/s with Coaching Committee representative.</i>	